

LYNCREST SCHOOL

Maria Corso, Principal

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Dear Parents and Guardians,

In recent years we have had an increase in the number of children with food allergies. We make every effort to ensure that children are safe while in our care. In addition, the NJDOE has adopted policies that promote good nutrition and have modified the snacks served along with our school lunches. Items that list the first ingredient as sugar, contain high levels of dye, and other artificial preservations have been removed or served in limited quantities. (CDC Guidelines p. 41-43)

As a result of these many restrictions, the celebration of birthdays among the children is now limited to non-food items. Please do not send in candy, cupcakes or birthday sweet treats of any kind.

You may choose to purchase a book in celebration of your child's birthday, have your child share it with the class, and then donate it to the classroom library for other students to enjoy. We will put a birthday sticker in the book listing your child's name. This will be a lasting tribute to your child, and a literacy-rich gift instead of a sweet one! If you prefer to send in pencils, stickers, bookmarks, a craft, etc. in lieu of baked goods that would also be acceptable.

In addition, the children in the lunchroom will be singing "Happy Birthday" to the birthday child each day.

Thank you for your understanding. Our goal is to educate your child, keep him / her safe, and foster lifelong healthy eating habits.

Each class mother is asked to contact the teacher to discuss appropriate plans for holiday celebrations. These celebrations should also reflect nutritious alternatives to sweets.

If you have any questions please feel free to contact your child's teacher or my office.

Thank you for all of your support as parents! You help make Lyncrest a special place for your children.

Sincerely,



Maria A. Corso
Principal